

struation ceases in about ninety-five per cent. of the cases. (3) The uterus and to a less extent the vagina and vulva undergo a process of atrophy. (4) The nervous and circulatory disturbances, associated with the menopause, appear at once in an extreme degree—heat and flushings, perspirations, palpitations, giddiness, depression of spirits or unusual excitability. (5) In many cases there is a diminution or total abolition of the sexual instincts. (6) The patient has a tendency to obesity. (7) It is usually 12 months before the symptoms due to nervous and circulatory disturbances pass away. It is, therefore, usual to warn patients, before the operation, that it will be some months before their health will be re-established.

#### TRAUMATIC DILATION OF THE HEART.

An interesting case of this injury has been reported to the Berlin Medical Society. The patient, aged 19, was a male, and in August, 1898, had been crushed by a cart passing over the chest. Six weeks before the injury was received he had been medically examined, and the heart had been found to be perfectly healthy. After the accident, he was cyanosed and had a small, irregular pulse. Breathlessness and cyanosis were greatly increased by exertion. On percussion, it was found that the cardiac dulness was much increased to the right and also to the left. Symptoms of failing compensation ensued, and the patient died four months later. At the *post-mortem* examination, it was found that the aorta was abnormally narrow, and it is therefore a question whether the heart was in reality absolutely sound at the time of the injury. The increased dulness to the right was due to dilatation of the right ventricle, and the walls of the same were greatly thickened. The heart muscle was fattily degenerate. The other organs showed the changes incident to failure of compensation. This is a remarkable case of injury to the heart leading very rapidly to complete failure of compensation. It would seem that the cardiac muscle had yielded to direct pressure, and much intrinsic damage to its blood supply must have been caused by the application of that pressure. There is, of course, a certain element of doubt as to the previous integrity of the organ, but as the lesion of the aorta was one that primarily would affect the left ventricle, whereas the chief morbid changes were found in the right ventricle, it would not seem to invalidate the conclusion that extreme disorganization of the heart was essentially the result of violence.

#### Army Nursing Notes.

THE chances of war have been against our arms during the past week. Hearts tremble, but are not cast down. If sorrow is ours—so is courage—we women have looked grief in the face for many a day, tears are not now our solace, but work.

Much more liberal arrangements have been made by the War Office for nursing the sick than in any previous campaign. To-day (Saturday) the nursing staff for No. III. General Hospital leaves Southampton. It includes Superintendent Sister Sidney Browne, and Nursing Sisters Wilson, Cox, Potter, Palmer, Rose, Harding, Steel, and Sister Whiteman, of the Reserve.

The staff selected for No. IV. General Hospital are Superintendent Sister Cole, Nursing Sisters Mark, Young, E. M. Todd, Keer, Potts, Knox, L. M. Todd, and Sister Laughton, of the Reserve. The date of their embarkation is not yet decided.

The following members of the Army Nursing Reserve have been deputed to replace the regular Army Sisters absent on active service at the following military hospitals.

Miss M. B. Pertwee, Colchester; Miss K. A. Moxon, Colchester; Miss A. Brown, Portsmouth; Miss A. B. Noble, Aldershot; Miss E. Kitching, Aldershot; Miss M. E. Tippetts, Cork; Miss S. Smyth, Cork; Miss W. Massey, Woolwich; Miss E. W. Gray, Woolwich; Miss A. Teesdale, Woolwich; Miss F. Epton, Devonport; Miss F. E. Ward, Dublin; Miss R. Candy, Dublin; Miss A. Hill, Chatham; Miss I. G. Willetts, Curragh; Miss H. Fisher, Canterbury; Miss A. N. Ferguson, Shorncliffe; Miss A. M. Beale, Aldershot; Miss R. A. Humphry, Aldershot; Miss A. J. Davidson, Dublin; Miss M. Penrose, Rochester Row; Miss A. J. Richardson, Woolwich; Miss J. B. B. Bell, Rochester Row.

On Saturday last the *Carisbrook Castle* sailed for the Cape, with the following Nursing Sisters on board:—Army Nursing Sisters Hardement, Culverwell, Kinahan, de Montmorency, Maclean, Barker, and Macintyre, and Sisters Falcon, Babb, Watson, Woollcombe, Sainsbury, of the Reserve. Colonel Young, the organizer of the Red Cross Society's operations, also went out to the seat of war on this boat.

Princess Christian and Miss Wedgewood, who are representatives of the Army Nursing Reserve on the Central Red Cross Committee, have recom-

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